

Oasis Family Support Service



“

Our Promise:

We will listen and will not judge you or your loved one.

You can tell us as much or as little as you want to.

You can choose what support you need.

You can always be assured of confidentiality unless we need to share information to keep you or someone else safe.

Is there someone you care about who uses drugs or alcohol?

Oasis Family Support provides advice, information and emotional support to adults in Lincolnshire whose lives have been or are negatively impacted by a loved one's use of drugs or alcohol.

Oasis Family Support Service



“

Our Promise:

We will listen and will not judge you or your loved one.

You can tell us as much or as little as you want to.

You can choose what support you need.

You can always be assured of confidentiality unless we need to share information to keep you or someone else safe.

Is there someone you care about who uses drugs or alcohol?

Oasis Family Support provides advice, information and emotional support to adults in Lincolnshire whose lives have been or are negatively impacted by a loved one's use of drugs or alcohol.

Supporting you with your loved one's substance use



Supporting you with your loved one's substance use



Drug and alcohol misuse can have a devastating impact on the loved ones of the user.



Drug and alcohol misuse can have a devastating impact on the loved ones of the user.



What We Can Do?

- Group meetings with others
- Telephone/ virtual/ face to face appointments
- Access to Naloxone Training
- Help to access other services
- Joint meetings with treatment and recovery providers

Types of support:

- Advice and Information
- Personal health and wellbeing support
- Healthy coping skills
- Healthy boundaries
- Understanding of addiction and associated behaviours
- Recovery and treatment - what does it look like
- Signposting to other services
- Co-dependency and enabling
- Personal safety
- Finance, benefit and debt

What We Can Do?

- Group meetings with others
- Telephone/ virtual/ face to face appointments
- Access to Naloxone Training
- Help to access other services
- Joint meetings with treatment and recovery providers

Types of support:

- Advice and Information
- Personal health and wellbeing support
- Healthy coping skills
- Healthy boundaries
- Understanding of addiction and associated behaviours
- Recovery and treatment - what does it look like
- Signposting to other services
- Co-dependency and enabling
- Personal safety
- Finance, benefit and debt

Contact Information

hello@latcharity.org.uk

01522 806611

PO Box 985, Lincoln, LN5 5GF

<https://oasisfamilysupport.org.uk/>



Contact Information

hello@latcharity.org.uk

01522 806611

PO Box 985, Lincoln, LN5 5GF

<https://oasisfamilysupport.org.uk/>

