

Becoming Independent



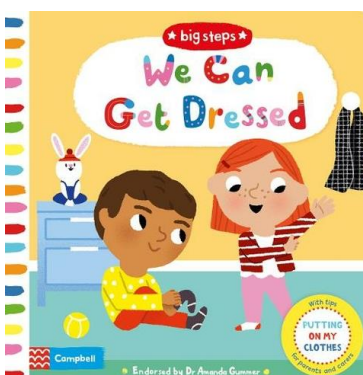
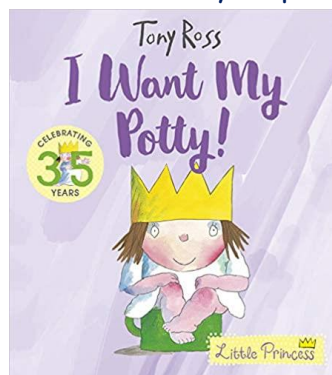
Please use the information below to support your child's learning at home ☺

Key Vocabulary

independent	Not <u>wanting</u> or <u>needing</u> any one <u>else</u> to <u>help</u> you or do things for you.
personal care	Getting dressed and using the toilet all by yourself.
help	To make it <u>easier</u> for someone to do something.
struggle	To <u>try</u> very hard to do something <u>difficult</u> .
routines	The things you <u>regularly</u> do, and how and when you do them.



Books that may help me...



Can you remember how we pull our sleeves up in school?

Put your hand in the air, lets make a sleeve rocket!

Mission control, are you ready?

5, 4, 3, 2, 1 BLAST OFF!

Use your other hand to pull your sleeve up. Well done! Now let's do it on the other side.

Can you remember how we put our coats on in school?

First we put our hood on our head like a superhero.

Next we push our safety wings through our sleeves.

Then we put the train at the bottom of the train track and push it into the tunnel (the zip)

Finally we pull the train up the track

Woo woo!



