



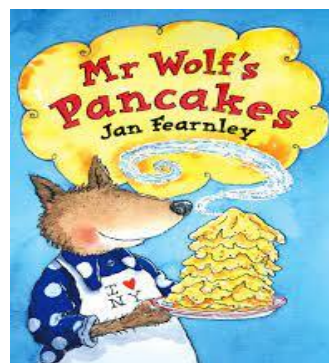
This week our focus is

Pancake Day

Please use the information below to support your child's learning at home

Key Vocabulary	
Pancake Day	Pancake Day has another name, too: Shrove Tuesday. In 2023, Pancake Day is Tuesday 21st March.
Ingredients	Ingredients are all the things we use when cooking or making food to eat.
Recipe	A recipe is a list of instructions that we can follow to cook or make something to eat.
Pancake Race	This is a running race. You run holding a pan with a pancake in it. The aim is to keep your pancake in the pan until you reach the end.

A book we will be sharing...



Pancake questions?

- ❖ Can you remember what ingredients you need to make pancakes?
- ❖ What is your favourite topping for your pancake?
- ❖ Can you remember what shape your pancake was?
- ❖ Can you run fast without dropping your pancake?

How to make pancakes - a recipe

Ingredients - 100g plain flour, 2 large eggs, 300ml milk, 1 tablespoon oil, lemon juice or caster sugar to serve (optional).

Method

- 1 Place flour, eggs, milk, oil and a pinch of salt into a bowl or large jug, then whisk to a smooth batter.
- 2 Leave to rest for 30 minutes to rest.
- 3 Heat pan and gently pour ingredients to form small circular shapes. Cook for approximately 1 minute each side.
- 4 Serve with lemon juice or castor sugar (or your favourite topping).

