

Become a READING STAR!



From Monday 23rd January until Friday 14th July, The Meadows Primary School will have a NEW reading initiative to inspire children to read more, and to develop greater fluency.

Please see the benefits of reading on the attached poster.

Your Reading Challenge is to:

- read a minimum of 3 times per week for a minimum of 10 minutes.
- make sure your adult dates and signs your reading journal each time (a comment is not required).
- bring your reading journal every Friday, when it will be checked and signatures counted.

Reading Rewards for Y1 - Y6:

40 reads = Bronze badge

80 reads = Silver badge

120 reads = Gold badge and a party!

Reading Rewards for Reception Classes:

40 reads = Teddy

80 reads = Book

120 reads = Teddy Bear's Picnic

Class Competition



If 85% of the class has read 3 times (minimum) that week, those class names will be entered into a raffle to win a book for their class! The winning class name will be announced in assembly each Wednesday.





Increases emotional

intelligence



Keeps the brain active and

STIMULATES

neural pathways

Builds

VOCABULARY



B R O A D E N S

knowledge

Just **6 MINUTES** of reading can reduce stress by 60%



Reduces
depression

The benefits of

Reading



Improves

CONCENTRATION



Builds

MEMORY

Builds
SATISFACTION
and
DELAYED GRATIFICATION

Children who read books often at age 10 and more than once a week at age 16

gain higher results

in maths, vocabulary and spelling tests at age 16 than those who read less regularly

There is a difference in reading performance equivalent to just over a year's schooling between young people who never read for enjoyment and those who read for up to

30 MINUTES PER DAY



For recommended books, advice and further research, visit
<https://readingagency.org.uk>
<https://www.booktrust.org.uk/>



Reduces feelings of

Loneliness



Encourages restful

Sleep



Develops
UNDERSTANDING
of **YOURSELF** and
SELF ESTEEM